ACTA SCIENTIFIC WOMEN'S HEALTH (ASWH)

ISSN: 2582-3205

Short Communication

DOI: 10.31080/ASWH.2021.03



Special Issue 3-2021

Women in Different Roles!

Deeksha Singh*

Department of OBGYN Physiotherapy, Hormonalwings, India

*Corresponding Author: Deeksha Singh, Department of OBGYN Physiotherapy, Hormonalwings, India.

Received: February 17, 2021 Published: March 08, 2021

© All rights are reserved by **Deeksha Singh.**

"Always thought like a Queen and you know Queen never fear from loosing her kingdom because she is Queen, she know show tore build!".

Today's woman is leading a life which is catering to various domains starting from family to profession to social arena sand lot more. She per forms multiple roles while being in a single body.

"The best thermometer to the progress of a nation is its treatment of its women. There is no chance for the welfare of the world unless the condition of women is improved".

Swami Vivekananda, Indian Hindu monk Reasons to Proud yourself being a women:

- A. Only women can play so many roles without any complain!
- B. You are multitasking!
- C. You have life drawing capacity from God!
- D. You have patience!
- E. Hardworking!
- F. All women's are beautiful no matter what color and figure you are born with!

"We all should change the habit of seeing us, we should represent us like a women who can change the world!".

There are number of roles women's play in regular life but we are going to draw some light on their most important role! Women are more sensitive and considerate, especially when it comes to bonds and relationships.

Mother: As mother she is giving herself for her child sake! She full of love and care in this role! The day she becomes a mother,

she takes a new birth too. Because she starts seeing a new life right from the beginning. She becomes the mentor, the friend, the philosopher and the guide too.

Daughter: She is born and brings new hope to her parents!

As daughter she is loving, carefree and full of life with her parents and siblings! It is quite a popular belief that a daughter cares for her folks more than a son would do. And it is true to an extent.

Sister: She is great secret keeper and power booster to her siblings! To have a sister, who acts as a friend and a confidant too, is such a delight for anyone!

Friend: As a friend she is your best buddy! Who loves you without any cause! Female body full of hormones and emotions which make her best in terms of friendship! The ability to relate and analyse a situation compassionately make it easier to resolve life, especially when it comes to friends.

Wife: She is full of your dreams! She is great advisor and your children mother! When a man brings home a bride, he is always expecting that he has got a partner for life who is going to make his life happy and joyful.

Daughter -in- law: As a daughter-in-law she is sensitive and most attentive one! Full of energy and love for his hubby family! Full of sacrifice of her own desire for family sake! She take sone step forward to accept new family as her own! She is love!

Mother-in-law: When women become mother-in-law she is welcoming new bride home and waving fare well to her old role! Now she makes space for new member in more responsive way! She is sometimes strict and sometimes childish!

Grandmother: As a grannys heal ready played many roles already! She is mature and full of experience from her life! Moments spent huddled close too our grandma, listening to her stories, while eating the delicious goodies she prepares for us, stay set chedinour minds forever.

Professional: In today's time when women education is no more taboo for society they are playing well and equal and more way better role than men in work field! They are intelligent, educated, responsible and multitasking! Entrepreneurs, businesswomen, CEOs and high profile professionals, we have a fleet of the maroundus.

Beside these roles she is great healer, worker, motivator, influencer and many more roles a single women is playing surround us!

Soon this women's day I'm go it to suggest some points to keep in mind to become better version of yourself!

- 1. Don't compare yourself!
- 2. Balance needed everywhere!
- 3. You don't have to fight with any men to prove your intelligence as your fight is not with them!

"Women are meant to be loved, not to be understood" Oscar Wilde.

And this is true. No matter how hard you try, it is not easy to understand a woman. Complex, yet the best creation of God!

Marriage and women

I don't think marriage is a wrong deed but the responsibility which a women have to face after her marriage don't give her space to work on her dream! So, I thought we all need a partner who respect our dream! Like if we both going for job then splitting work and sharing will make things easy! This will save time and temper too!

"When women are empowered and can claim their rights and access to land, leadership, opportunities and choices, economies grow, food security is enhanced and prospects are improved for current and future generations" – Michelle Bachelet, Under-Secretary-General and Executive Director of UN Women!

It is not the profession, not marriage, not motherhood, nor any other relationship, but the essence of being a woman, that facilitates the transition of humanity from one level to the other, makes the woman a special being. I wish that all women can see that they change the world for the better when they really identify themselves and recognize their singular and special importance to the continuity of the human species.

It goes without saying that certain values and morals are not inherited or adapted, they are in born traits those come as part and parcel of being a woman. Search within yourself to become empowered:

- 1. Give priority to your career!
- 2. Be strong by heart and mind and body!
- 3. Avoid wrong people and work!
- 4. Love yourself!
- 5. Keep distance from negativity!
- 6. Learn to say no!
- 7. Meet new people and learn from them!
- 8. Collect all ideas to make one!
- 9. Take responsibility!
- 10. Don't ignore and avoid the problems face them!
- 11. Keep thinking for future!
- 12. Never insult your body!

"Being women love women treat women and educate women is my only motto of life!".

Assets from publication with us

- Prompt Acknowledgement after receiving the article
- Thorough Double blinded peer review
- · Rapid Publication
- Issue of Publication Certificate
- · High visibility of your Published work

Website: www.actascientific.com/

Submit Article: www.actascientific.com/submission.php

Email us: editor@actascientific.com Contact us: +91 9182824667