



Idealization in Gynecology, Endocrinology, and Pharmacology: Hormone of the Female Body, Pharmaceutical Product, and Human Soul

Aleksandr L Urakov*

DM, Professor, Head of the Department of General and Clinical Pharmacology, Izhevsk State Medical University, Izhevsk, Russia

***Corresponding Author:** Aleksandr L Urakov, DM, Professor, Head of the Department of General and Clinical Pharmacology, Izhevsk State Medical University, Izhevsk, Russia.

Received: May 10, 2026

Published: May 31, 2026

© All rights are reserved by **Aleksandr L Urakov.**

Gynecology, endocrinology, and pharmacology were shaped by the philosophy of chemistry. However, the dominant role of the traditional philosophy of chemistry is becoming a negative factor for medical sciences. The fact is that the philosophy of chemistry has retained the features of illusory, and its dominance over medicine excludes the equal participation of the philosophy of other sciences, including the philosophy of religion, in the depths of which medicine as a whole was formed [1].

It is sad, but traditional ideas about natural hormones and hormonal medicines are based on the idealized essence of chemically pure substances and the illusion of their interaction with an idealized virtual patient [2,3]. A vivid proof of the illusory ideas is the reliance on chemical elements (and pharmaceutical products), represented by certain chemical formulas, names and symbols of a one molecule of a substance, which are unreasonably identified with the real substance [2].

The consequence of this misconception is that the drug in question (including a hormonal drug) is of perfect high quality, completely identical to the natural regulators of metabolism and function, and does not represent a specific pharmaceutical product (it is not a tablet, solution, ointment, aerosol, etc.) manufactured

by a well-defined pharmaceutical company according to a specific formulation. In turn, the virtual patient has an average age, an average gender (this is definitely not a pregnant woman), a body weight of about 70 kg and is devoid of a soul.

However, the idealized essence of patients and medicines is far from the essence of real girls, women and old ladies and pharmaceutical products [4]. It must be remembered that medicine is not so much a science as the art of healing the soul.

Bibliography

1. Barsu C. "History of Medicine between tradition and modernity". *Clujul Medical* 6.2 (2017): 243-245.
2. Urakov AL and Shabanov PD. "Idealization in pharmacology and pharmacy: Symbol of the chemical formula of one molecule of a substance and a real pharmaceutical product". *Reviews on Clinical Pharmacology and Drug Therapy* 21.4 (2023): 319-327.
3. Aleksandr L Urakov. "Theoretical and real world in obstetrics and gynecology". *Acta Scientific Women's Health* 5.12 (2023): 01-02.

4. Urakov A., *et al.* "Perspective chapter: clinical standard of a geriatric patient as a virtual target for correction of pharmacotherapy of hypertension and stroke in the elderly". In book: *Stroke - Management Pearls*. Edited by Amit Agrawal. Rijeka: IntechOpen; (2023).