



What Measures Can We Take to Prevent COVID-19 Infection in Pregnant Women?

Huang Wei Ling*

Infectious Diseases, General Practice, Nutrition, Acupuncture and Pain Management, Medical Acupuncture and Pain Management Clinic, Franca, São Paulo, Brazil

***Corresponding Author:** Huang Wei Ling, Infectious Diseases, General Practice, Nutrition, Acupuncture and Pain Management, Medical Acupuncture and Pain Management Clinic, Franca, São Paulo, Brazil.

Received: August 04, 2021

Published: August 19, 2021

© All rights are reserved by **Huang Wei Ling**.

Here in Brazil, it was established in the norm, in a collective by the Ministry of Health, discontinuing temporarily the vaccination of pregnant women for COVID-19, after a pregnant woman died after taking Astra-Zeneca vaccine, on May 2021 [1].

But in July 9th 2021, the Ministry of health made another new guideline in pregnant and in puerperium for prevention of COVID-19 vaccination, recommending the immunization of pregnant women without comorbidities from 18 years of age onwards [2].

The Brazilian Federation of Gynecology and Obstetrics Associations recommends the COVID-19 vaccination but they are saying that safety and efficacy of the vaccines have not been evaluated in pregnant and lactating women [3].

This same gynecology and obstetrics association are saying that pregnant and lactating women is considered high risks patients but vaccination must be carried out evaluating the risks and benefits and the decision must be shared between the patient and the physician [3].

Before the vaccination, pregnant and lactating women should be informed about the safety and efficacy (that is unknown nowadays) and the data is not available. There is a need to evaluating the level of virus contamination in the community, the potential effectiveness of the COVID-19 vaccine, the risks of the infection in pregnancy and the effects in the new born and for the fetus, and the safety in the binomial maternal-fetal [3].

The author will base to write this editorial article, the thoughts of Hippocrates, father of Medicine, who says that we must use older medicines before using current medicine [4].

The author has as her first specialty infectious and parasitic diseases, where she graduated her residency at the State University of Londrina, in 1995 and she had the opportunity to study other medicines, after her specialization, such as in traditional Chinese medicine, at the insistence of her mother, who from the beginning said that, in the future, only Chinese medicine would be able to cure diseases [5].

In all her presentations in conferences and publications, she constantly shows different views of Western and of traditional Chinese medicine, so that the doctor can understand the different reasoning and what can we still do in the face of the current situation of the COVID-19 pandemic [6].

Western medicine usually treats the symptoms, such as in the treatment of diabetes, hypertension, cancer, infections, by treating the symptom itself, but traditional Chinese medicine understands that the symptom is only the manifestation of an energy imbalance that is deeper, at the root of the tree, in which the author uses the metaphor of the tree, to describe the different levels of treatment between Western and traditional Chinese medicine [6].

In study carried out by the author, studying thousands chakras' energy centers patients, between 2015 and 2020, she concluded that more than 90% of patients had no energy in the five massive organs of the Five Elements theory (that corresponds to the Liver, Heart, Spleen, Lung, Kidney) in traditional Chinese medicine (TCM) [6].

According to TCM's reasoning, energy means immunity. Our energy means our immunity according to TCM. In an article written

by Hond-Di Ma., *et al.* (2013) entitled Traditional Chinese medicine and immune regulation, the authors are saying that there are an extensive role involving immunomodulatory effects of TCM, either stimulatory of immune cells, cytokine production, tumorigenesis and their inhibitory effects involving inflammation, auto-immune diseases and graft rejection [7].

In the article written by Huang (2021) entitled Are we vaccinating immunocompetent or immunocompromised people for COVID 19? the author is saying that most patients today are classified as immunodepressed due to the low energy found in the chakras' energy centers, in the majority of the patients that she analyzed during five years (2015 to 2020). In this article, she is explaining that the low energy presented by patients today, refers to influences generated by constant exposition to electromagnetic energy from cell phones, computers and about the 5G technology created by the modernization of telecommunication system [8].

Therefore, the author says that in her study, 97% of patients have no energy in the fifth chakra, which is responsible for the production of Blood and white cells, so it is very likely that the vaccination process does not form enough antibodies, as probably as it did in past, because the type of our population has changed today, and as shown in the article written by Huang (2021) entitled Is the Population in the World the Same as in the Past? [9].

Due to the increased risk of thrombosis in pregnant patients, shown in the daily practice by the author, in the study written by Bates., *et al.* (2012), entitled VTE, Thrombophilia, Antithrombotic Therapy, and Pregnancy they are presenting the use of low molecular weight heparin for prevention and treatment of pregnant women with venous thromboembolism instead of the use of unfractionated heparin. They are concluding in their article that they urgent need more studies to find the cause of all these manifestations in this kind of population [10].

The author presented on the 13th International Summit on Gynaecology, Obstetrics and Women Health, that was held on May 7th, 2021 (Webinar), where she presented a study entitled Why is it Increasing the Number of Pregnant with Thrombophilia? In this presentation, the author is showing that due to energy deficiency pattern in the majority of the population nowadays, they are having more propensity to have Blood clot because to the Blood circulate inside the blood vessels adequately, there is the necessity of having energy in adequate amount [11].

In this case, the author explains that the deficiency of energy from the chakras' energy centers causes a lack of energy to circulate Blood normally, due to the deficiency of Yin, Yang, Qi and Blood, that is normally formed by the five massive organs (Liver, heart, Spleen, Lung and Kidney) in traditional Chinese medicine. These explanations were well done by Huang (2021) in the article entitled Chakras' Energies Deficiencies as the Main Cause of Myocardial Infarction without Arterial Obstruction [12].

According to traditional Chinese medicine, the body has an energy that fights against the entrance of external pathogenic factor inside the body that prevents the entry of SARS-CoV-2 inside the body. In this study written by the author (2021) entitled Are We Vaccinating Immunocompetent or Immunocompromised People for COVID 19? and in the second article entitled Is SARS-CoV-2 Strong or Our Body Is Weak?, she is demonstrating that 97% of patients she studied have no energy in the second chakra (Kidney) that is the energy responsible for preventing the invasion of external pathogenic factors (SARS-CoV-2 is considered an invasion of external pathogenic factor according to TCM, and demonstrated in the article above mentioned) [8,13].

Therefore, if we improve the Kidney's energy (second chakra), the pregnant patient's energy will improve to fight against the entry of this virus into her body, and using this kind of therapy, could be a good option to use as preventive measurements, when the use of vaccination for COVID-19 is not well studied in this population and more safe preventive forms of access to this goal is the major importance on these days, to improve how they can be safer in these days, without needing to use vaccination, as they can induce complications not expected, such as death, as occurred in Brazil this year [1].

This treatment of internal organs lack of energy can be performed using highly diluted homeopathic medicines, through the theory created by Huang (2020) entitled Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine. The author wrote this theory when she began to study homeopathy in Brazil in 2015, and she noticed that despite homeopathy has a very good action in the treatment of many symptoms and diseases presented by the patients, the physicians do not understand the how this kind of medication is acting inside the body of the patient. For this reason, she wrote another theory linking homeopathy created by Hahnemann (1755 - 1843) with traditional Chinese

medicine's reasoning, that has more than 5000 years of existence, following Hippocrates thoughts, that said that it is important to consider other ancient medical traditions prior to the knowledge we have nowadays [6,13,14].

In this theory, to tone the Kidney (second chakra) to improve the Zheng-Qi, she has to tone all energy of the remaining organs, that are interconnected to the Kidney, which are also weak, because one organ depends on the energy of the other organ, to maintain the energy flow. For example, the Kidney receives energy from the Lung (fourth chakra), which receives energy from the Spleen (fifth chakra). The Spleen receives energy from the Heart (third chakra), which receives energy from the Liver (first chakra). The drugs used are Silicea, Natrum muriaticum, Phosphorus, Sulphur and Calcarea carbonica, and the patient must use these medications, described in this article, in a single dose mode for the gestational period to fulfill the energy necessary to maintain the body strong to fight against the virus entrance. This theory was written by Huang (2020) in an article entitled Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine. Using these medications, she can prevent the formation of gestational diabetes, hypertension or pre-eclampsia or eclampsia (presented in the Webinar on Women's Health and Emergency Maternal Care, that was held on April 27, 2021) and other emotional and physical problems because we will be treating the root of the formation of all diseases at the same time, when using this theory [14,15].

A second type of homeopathic medicine that can be used in these pregnant patients is the SARS-CoV-2 nosode. These are medicines made by the secretion of patients who had COVID-19 but subjected to dilution in several times. The principle of homeopathy created by Hahnemann (1755-1843) is that if you give the substance for a normal subject, this same substance will cause the disease, but if you dilute this same substance in a highly diluted way, this same medicine will be the medication to treat this disease and this medication will be the object of cure of this same disease [13].

In the article written by Omer, *et al.* (2020) entitled Preventive measures and management of COVID-19 in pregnancy, they are saying that pregnant women with SARS-CoV-2 infection has high risks of spontaneous miscarriage, preterm birth and intra-uterine growth restriction. But the preventive measurements in this period is the same of what we know about the prevention in the population (hand washing, use of masks, etc.) [16].

In the article written by Kaplan (1994) entitled Homeopathy: 2. In pregnancy and for the under-fives, he is saying that the correct prescription of constitutional homeopathy can increase the well-being in the pre-gestational period and can improve the fertility. Homeopathy medications are very good remedy for sickness before and after labor [17].

Therefore, in the case of using highly diluted medications for pregnant patients, such as homeopathies (using Hahnemann's reasoning and Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine) we are medicating with the intention of increasing the energy of these patients, preventing the formation of many diseases in pregnant women, and not only COVID-19, such as thrombophilia, gestational diabetes, pre-eclampsia and the diseases that by chance, would come in the fetus, due to the lack of energy from the pregnant woman, to the growing fetus, as it is currently being developed in an already very low energy from the mother. In this study, the author would like to emphasize the importance to treat the couple, before the pregnancy, to prevent the formation of diseases in this fetus, because as showed by the author, they are coming in a very low energy body of the mother and the father pattern of energy, as the Huang (2021) wrote in the article entitled Why is Infertility So High Among Couples Nowadays? [14,18].

Therefore, in addition to strengthening the pregnant woman and preventing COVID-19, we would prevent many other diseases during pregnancy and in the postpartum period, such as in the article written by Huang (2020) entitled Blood Deficiency as a Cause of Post-Partum Depression on the Mother and Giant Congenital Nerve on the Baby [19].

Therefore, the author usually emphasizes in all her articles and through this editorial publication, the need to integrate Western with Chinese medicine, in order to understand in depth sense, how diseases are formed and how we can make a greater protection, without having to use the SARS-CoV-2 vaccine today, which still many times, no very clear studies accepted, regarding the possible side effects in the present and in the future, that it could come here, in these pregnant women, as currently demonstrated in some clinical cases with fatal evolution [13].

Bibliography

1. Healthcare and Pharmaceuticals. "Brazil suspends use of AstraZeneca vaccine in pregnant women nationally after death" (2021).
2. "The Sinovac COVID-19 vaccine: What you need to know" (2021).
3. Quintana SM. "We have Vaccine for COVID-19! What to Recommend for Pregnant Women?" *Revista Brasileira de Ginecologia e Obstetrícia* 43.2 (2021).
4. Craik E. "The "Hippocratic" Corpus: Content and Context". Routledge (2014): 344.
5. Ling HW. "What have behind in all kinds of infections that we need to know?" *Journal of Investigative Oncology* 1.1 (2021): 18-21.
6. Huang Wei Ling. "Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection". *Acta Scientific Microbiology* 4.4 (2021): 167-196.
7. Hong-Di Ma., *et al.* Traditional Chinese medicine and immune regulation". *Clinical Reviews in Allergy and Immunology* 44.3 (2013): 229-241.
8. Huang WL. "Are We Vaccinating Immunocompetent or Immunocompromised People for COVID 19?" *Journal of Vaccines Research and Vaccination* 7 (2021): 018.
9. Huang Wei Ling. "Is the Population in the World the Same as in the Past?". *Acta Scientific Clinical Case Reports* 2.6 (2021).
10. Bates., *et al.* "VTE, thrombophilia, antithrombotic therapy, and pregnancy: Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines". *Chest* 141 (2012): e691S-e736S.
11. 13th International Summit on Gynaecology, Obstetrics and Women Health, May 7th, 2021 | Webinar. (2021).
12. Huang Wei Ling. "Chakras' Energies Deficiencies as the Main Cause of Myocardial Infarction without Arterial Obstruction". *Online Journal of Cardiology Research and Reports* 4.5 (2021).
13. Huang WL. "Is SARS-CoV-2 Strong or Our Body Is Weak?" *Journal of Virology and Viral Diseases* 1.1 (2021).
14. Huang Wei Ling. "Constitutional Homeopathy of Five Elements Based on Traditional Chinese Medicine". *Acta Scientific Medical Sciences* 4.7 (2020): 57-69.
15. Webinar on Women's Health and Emergency Maternal Care (2021).
16. Omer S., *et al.* "Preventive measures and management of COVID-19 in pregnancy". *Drugs and Therapy Perspectives* (2020): 1-4.
17. B Kaplan. "Homoeopathy: 2. In pregnancy and for the under-fives". *Prof Care Mother Child* 4.6 (1994): 185-187.
18. Huang WL. "Why is Infertility So High Among Couples Nowadays?" *Journal of Biomedical Research and Environmental Sciences* 2.6 (2021): 447-449.
19. Huang WL. "Blood Deficiency as a Cause of Post Partum Depression on the Mother and Giant Congenital Nevus on the Baby". *International Journal of Gynaecology Research* 1 (2019): 6-10.

Volume 3 Issue 11 November 2021

© All rights are reserved by Huang Wei Ling.