



## Prescription to Prevent Mental Health Problem and Gun Violence Ideation in Children?

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The current society is riddled with gun violence and mental health problems amongst children leading to shootings and death of innocent people. Not a single day passes that you would not hear in the news that one or more persons were the victim of gun shot injury and died.

All materialistic methods to stop gun violence have failed. Now we should resort to spiritual methods [1-8] to stop the gun violence.

People pray to God during life and at the end of life. People usually don't pray to God at the beginning of life i.e., during the act of creating a new human being and during conception. The human being is composed of three parts - the physical Body, Mind and Soul.

During the creation of a new human being, parents pay attention to the physical body and not to the mind and soul of the child to be created.

There are three spiritual ways [1-8] to create a child without mental health problem and without gun violence ideation.

- First the parents must download higher level of mind and soul during the creation of a child by way of worship, prayer and meditation (WPM).

- Second the parents must transmit God's energy to the child 24/7/365 by way of giving blessings.
- Third the child must receive that God's energy by way of Respect, Obedience and Devotion to the parents.

**MIND** - The electromagnetic energy (EME) emanating from the minds of parents as a result of WPM during the creation of a child will result in child with good mental health decreasing the incidence of mental health problems thus decreasing the incidence of gun violence among school children.

This paper discusses what beneficial effects one can get by WPM during the creation of a new human being and during conception. If the foundation of a building is not strong, the building will fall apart. Similarly if the foundation of a newly created human being is not strong, that human being will fall apart.

**SOUL** - There are all kinds of souls floating in the space ready to take birth in the form of human body - great soul, good soul, bad soul and evil soul. The EME emanating from the minds of parents as a result of WPM during conception will download the high energy soul in the newly created human being thus decreasing the incidence of creating human beings with bad soul or evil soul which in turn may reduce the creation of human beings with the soul of a serial killer, terrorist, pedophile, kidnapper, gang etc. thus reducing crimes.

The mechanism of the action of beneficial effects of WPM is mediated through the Electromagnetic Radiation (non-ionizing) Energy emanating from the minds of the parents during WPM. The WPM transmits God's energy to the parents as EME which is then transmitted to the newly created human being.

The human being is composed of three parts – Physical Body, Mind and Soul. The Electromagnetic Energy (EME) emanating from the minds of father and mother will influence all three parts (Body, Mind, Soul) of newly created human being.

BODY - The EME of the minds of the parents resulting from WPM can modulate the activity of the sperm and ovum creating a human being of good physical health.

The EME of the minds of the parents emanating as a result of WPM by the parents can also modulate the activity of Chromosome/ Gene/DNA resulting in decreased incidence of mental health problem and decreased incidence of gun violence ideation.

In conclusion the WPM by the parents at the time of creating a new human being is of paramount importance in the creation of a new generation of human beings with good physical health, good mental health and good soul health thus reducing the incidence of criminals, crimes, serial killers, terrorists, gang, and gun violence resulting in a peaceful world than what it is now.

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