

Fight with Covid-19 Pandemic is Still on! However, Hopes are High that the Worst is Already Behind us!

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India just witnessed a proud achievement of crossing billion vaccinations which has been the biggest collective event orchestrated successfully by any single country, in a record time frame in the history of mankind.

On more positive note, fighting the adversity and against all odds our athletes have made us tremendously proud by giving historic performances in the recently concluded Olympics and the Paralympics. This incredible performance has encouraged and inspired the young generation to take up sports more seriously and dedicatedly.

With the increased acceptance and recognition of sports as a formal career, it is of paramount importance to educate, prepare and increase awareness amongst athletes pertaining to Sports Injury. An injury can not only hamper the performance but may jeopardize the ground-life of an athlete. Prevention, Identification and Rehabilitation remain the pillars of successful Sports Injury Management. These days, all major sport clubs and teams have an Orthopaedic Surgeon with specialization in Sports Injury, along with the Physiotherapists and Trainers. Such team approach seems to be the future trend.

In an unfortunate advent of an injury, huge responsibility falls on the attending Orthopaedician to treat the same in a holistic way using Advanced Minimally Invasive Arthroscopic techniques and scientific rehabilitation protocol to better the outcomes, minimize the down-time and help the athlete return to sports efficiently.

Advancement in the knowledge and treatment of Sports Injury is shaping up the new chapter of Orthopaedics in the modern day and proverbial sun has just risen on its horizons!

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