

New Frontiers in Manual Therapy. Treating Inflammation, the Psycho-Neuro-Endocrino-Immunology Paradigm

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Received: February 21, 2019; **Published:** April 01, 2019

In recent years there has been much talk about PNEI (Psycho Neuro Endocrino Immunology), reflecting on the wide range that this approach could have on the treatment of our patients.

In fact, the PNEI is basically a change of perspective; to use a phrase that will be appreciated by physics lovers, it is a different reference system.

Knowledge slowly tends to increase, but in this case it's essentially the change of perspective that makes the difference. However, it is very complicated to have an overview of the pathophysiological dynamics of the patient, and as the specialization of the Professional increases this goal becomes even more complicated to achieve. An acronym has been created that encompasses many areas together, but in fact there is little collaboration between the areas of competence.

We believe that this happens because hyper-specialization has made the overall vision of the specialist less acute, making him short-sighted to the totality, and therefore less able to make connections and seek support, confirmations and comparisons with other professionals from different areas.

These are the reasons that led us to develop MAIT®: to solve the problem of poor multidisciplinary, which should be essential in a modern view of the disease, and to address and understand the most common and significant cause of modern diseases. Inflammation, the Psycho-Neuro-Endocrino- Immunology process par excellence.

Volume 2 Issue 5 May 2019

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