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Short Communication

Lockdown - Can this Solve Our Problem?

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Today lockdown started in my city 27-05-2021, hospitals are full and every day the number of deaths increases even more. This city is located in the interior of the state of São Paulo, in Brazil, composed of 400,000 inhabitants and can be an example of what is happening in the world nowadays [1].

Due to some errors implanted in the past, after the implantation of Flexner report, the medicine considered scientific still cannot understand the pathophysiology of this disease in COVID-19 in it is entire. In the treatment of various symptoms caused by this infection, doctors are using medications that, if we do not understand which kind of patient that modernity has caused, as showed in the article written by the author (2021) entitled *Is the Population in the World the Same as in the Past?* We might rethink these protocols used in our patients to treat this infection and other kinds of diseases used by great world-renowned universities [2,3].

According to Hippocrates, we must treat the patient and not the disease. But current Western medicine, has been influenced by many ancient names, including Hippocrates and Galen, some 2,500 years ago, after the implementation of the Flexner report (that completed centenary in 2013), where all medical schools around the world had to be based, only taking into account what could be seen with the naked eye (as something scientific) and many universities, hospitals and medical schools that that did not comply with the requirements of the Flexner report, had to be closed [2,4].

This partial view of the human being, when seen only as a material part and not taking its energy, brought many negative effects

to the patients who are receiving this treatment, because often the problem is only at the energy level, and it does not appear in laboratory tests and the ignorance of this has brought a real chaos in the public health of all humanity and a terror of the unknown because fear and the lack of perspective of improvement has been a feeling in each one of us. This fact is very well commented and described by Capra (1975) in his book *The Tao of Physics*, where the author is affirming that all the things that exists in our universe is composed by energy, including the human body and in this book, he is comparing the duality of both medicine's (Western and Chinese) that needs to be integrated nowadays and not seen as no scientific as written by the author (2021) in the article *Is the Medication used in Intubation of Patients with Covid-19 Affecting the Outcome of the Patient's Treatment?* [5,6].

Since the beginning of this kind of reasoning by Western medical schools that the diseases came as the same form as by parachute without knowing where it came from, and this metaphor of the parachute was presented also in the 71° LMHI Congress, Buenos Aires 2016 and also in the EUROPEAN CONGRESS FOR HOMEOPATHY IN VIENNA in November 2016, that both Western medicine and homeopathy doctors are treating the patients in the leaf level of the tree, demonstrated in many articles written by the author [7].

In Western medicine's reasoning, the medicines used to treat these diseases start to bring other secondary pathologies due to the constant and continuous use of these highly concentrated medications, recommended by Western scientific medicine [6].

In the article published by the author (2021) entitled *Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection*, the author demonstrates that more than 90 percent of the patients she attended in a study between 2015 and 2020 (1000 patients), had no energy in the five internal massive organs (Liver, Hearth, Spleen, Lung and Kidney). The meaning of this result are that the majority of the patients that she is attending nowadays are considered immunodepressant patient and not immunocompetent, demonstrated in the article *Are We Vaccinating Immunocompetent or Immunocompromised People for COVID-19?* The energy responsible for maintaining health is very compromised and also the *Zheng-Qi*, that is the energy that protects the body against the invasion of the external pathogenic factor was very weak in 97% of her patients [9,10].

As Western scientific medicine does not understand yet what these energy changes represent before developing these infections with SARS-CoV-2 and in the development of various diseases, it continues to treat the various symptoms with various medications, but the basic cause of which evolution are these energy deficiencies found in patients and which are likely to affect almost the entire world population, from children, young adults and the elderly, regardless of whether or not they have comorbidities, as the author mentions in this study [9].

Every basic theory in Chinese medicine is based on the balance of the four energies (Yin, Yang, Qi and Blood) within the individual's body, which through the study carried out by the author, she concluded that the majority of patients are without energy which is why we saw patients with a constant complaint of lack of energy upon waking, for physical activities, loss of memory and concentration, drowsiness, loss of libido and sexual energy, depression, leading many of them to use antidepressants that end up worsening the condition, because the real cause of the problem is energy deficiency and not depression. This subject will be presented by the author in the 3rd World Depression Congress that will be held on June 28th 2021, where the author will say about the importance of doing the correct diagnosis because patients that is receiving anti-depressant medications are not improving their condition due to the fact that the symptoms were caused by the low vital energy, demonstrated by radiesthesia procedure and not by low neurotransmitters [9,10].

All manifestations of COVID-19 symptoms are only the manifestation of the chakras' lack of energy associated by the symptoms caused by the entrance of the external pathogenic factors, which according to the theory written by the author (2020) *Constitutional Homeopathy of Five Elements Based on Traditional Chinese Medicine*, the energy imbalances in the five massive organs are the cause of the manifestations of the majority of diseases, including COVID-19, where she currently treats all her patients that has this lack of energy using this kinds of medications and in this way they improve their immunity. According to some publications found in literature, improving our energy, we can improve our immune system because one is related to other [9-11].

An example the author can say that in another city that is 500 kilometers from the city the author lives in, there is a republic of medical students who lived in this same house. Of the 5 students who lived in this house, 4 had COVID-19 and the only one who did not get COVID-19 had used homeopathic medicines to replenish the chakras' energy centers (Phosphorus, Sulphur, Calcarea carbonica, Silicea and Natrum muriaticum) according to the theory Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine and was also making use of Arsenicum album 30CH, recommended by Homeopathy Society of India. This individual had performed the measurement of the energy of the chakras about 3 years ago, but he had not done the treatment properly. With the start of the pandemic by SARS-CoV-2, his doctor instructed him to take the medications and even though he was in the fifth year of medical school, attending to patients, he never caught SARS-CoV-2 infection [9-12].

Therefore, seeing so much uproar from the mayor of the author's city, closing all stores, restaurants, pharmacies and medical offices, the author is wondering if this action would lead to any positive results. Perhaps it alleviates a little the overcrowding in the hospitals and emergency rooms, where there are reports of patients dying in line in an attempt to hospitalize. In the article written by Alfano and Ercolano (2020), entitled *The Efficacy of Lockdown Against CO-VID-19: A Cross-Country Panel Analysis* the author concluded that lockdown measurements can reduce the number of people infected by one infected person and it is efficacy can continue after 20 days after the introducing the policy [13].

But in this article, what the author wants to show is that the medicine nowadays is not considering the energy side of the human beings studied by oriental medicines and that today, after more than 100 years of implantation of the Flexner report, comes the impact of this incomplete way of thinking about the functioning of the human being, reflecting in every way of treating people who are infected by SARS-CoV-2, because they forget to look at the patient, that the biggest problem is the lack of energy of these people, whether it is affecting their immune system and bringing harmful consequences with the use of medications in high concentrations, causing greater damage to the patient's energy, which was already low, before catching the infection, leading to high rates of death in all patients in all countries of the world [2,9,14].

In the editorial published by the author (2021) whose title is What Have Behind in All Kinds of Infections that We Need to Know? the author is questioning whether this number of deaths after CO-VID-19 are really caused by the virus or are they caused by the type of medication they are using? In another editorial published by the author whose title is the Medication used in Intubation of Patients with Covid-19 Affecting the Outcome of the Patient's Treatment, the author says that the problem is not in giving Ivermectin or Azithromycin or Hydroxychloroquine. All medications in high concentrations such as medications to treat pain, fever, will cause a reduction in the patient's energy leading to worsening of the condition or possibly leading to death, according to Arndt Schulz law [6,15].

As the author (2021) demonstrates in the study Energy Alterations and *Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection*, most patients are without vital energy and she is generalizing the sample she had in Brazil to the whole world because this lack of energy is caused by the exposition to the electromagnetic waves that are in the entire world. Therefore, the treatment of the population that we have today should be focused on energy imbalances, and the drugs used should preferably be highly diluted, according to Arndt Shultz law and in several publications by the author [9,14,20].

So, it is time to reevaluate that the standards of what is scientific is no longer satisfying the patients we are inferring, according to the article published by the author *Is the Population in the World the Same as in the Past?*, where the author says that people today are with a low energy pattern differently from patients she treated 6 or 7 years ago, and if they use highly concentrated medications

these medicines can lead to worsening of their condition or inducing to death [3,14].

According to the book Bioenergetic Medicines East and West: Acupuncture and Homeopathy written by Manning and Vanrenen (1763), homeopathy functions as a bioenergy similar to the mechanism of action of acupuncture. According to Hippocrates, disease was a natural process; that the signs and symptoms of a disease were caused by the natural reactions of the body to the disease process. The functions of the physicians is to aid the natural resistance of the body to overcome the metabolic imbalance and restore health and harmony to the organism [4,16].

We are in a new era in the history of medicine and, therefore, medicines that were previously considered to be non-scientific, become the medicines of choice for the treatment of the current population. This is not to say that highly concentrated drugs should be banned from our treatment repertoire, but left for cases where a safer option does not exist at that time and is essential to save the patient's life, as in cases of meningitis, endocarditis, septicemia or other conditions that lead to life-threatening [3].

Therefore, if we do not address the cause of your patient's immunodepression and just make contact restriction measures, it will not solve the current problem, because the problem is in the reduction of immunity decreased by the influence of electromagnetic waves. The use of highly diluted medications such as homeopathies according to Hahnemann should be used in all patients but the physician needs to treat the root also, according to *Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine*. Homeopathies are the medications of choice today for prevention, treatment and after COVID-19 infection and all other pathologies. The use of homeopathies according to *Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine* will be preventing the formation of all chronic diseases such as diabetes, hypertension, cancer, infarction, in which the author demonstrates in all her publications [9-11].

Understanding the formation of health and disease process from energy changes of *Yin, Yang, Qi* and Blood and doing the integration of Western and Chinese medicine and others ancient medical traditions, following Hippocrates oath, is of paramount importance for medical understanding regarding prevention and

treatment of SARS-CoV-2 and all other diseases, and the reasoning only focused on the matter and not on energy, that Western medicine is basing has generated many other diseases, deaths and we must change the course of medicine nowadays to heal towards a more prosperous and promising future for all of us who live on this planet Earth [3,4,9-11].

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