

## Exploring the Parallels and Divergence of Liver Regeneration and DEI: Unveiling the Complexities of Healing and Equity

**Verima Pereira\***

UCSF, USA

\*Corresponding Author: Verima Pereira, UCSF, USA.

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### Abstract

Liver regeneration, a remarkable process by which the liver restores its structure and function after injury or partial removal, shares intriguing similarities and contrasts with the principles of diversity, equality, and inclusion (DEI). While liver regeneration focuses on the body's intrinsic ability to heal and restore itself, DEI encompasses societal efforts to promote fairness, justice, and equal opportunities for all individuals. In this article, we delve into the intricate parallels and distinctions between liver regeneration and DEI, shedding light on their common goals of restoration and harmony while recognizing their distinct contexts and scopes.

**Keywords:** Liver; Healing; Equity

### Introduction

#### Liver regeneration

**Healing from Within:** Liver regeneration is a dynamic and highly orchestrated process involving various cellular and molecular mechanisms. Upon injury, hepatocytes, the primary functional cells of the liver, proliferate to replace damaged tissue and restore liver mass. This regenerative capacity is facilitated by the activation of signaling pathways, such as Wnt/ $\beta$ -catenin and growth factors like hepatocyte growth factor (HGF), which promote cell proliferation and tissue repair [1]. Liver regeneration exemplifies the innate resilience of the body and its remarkable ability to restore functionality and homeostasis.

#### DEI

**Healing Societal Inequities:** In contrast, DEI addresses the social, cultural, and systemic inequities that exist within society. It strives to create inclusive environments, promote equal

opportunities, and eliminate barriers based on factors such as race, gender, sexual orientation, and socioeconomic status. DEI recognizes that diversity is not solely about representation but also acknowledges the importance of providing equitable access to resources, addressing systemic biases, and fostering a sense of belonging for all individuals [2].

#### Parallels

**Restoration and Adaptation:** Both liver regeneration and DEI share a fundamental goal of restoration and adaptation. In liver regeneration, damaged tissue is replaced with healthy cells, allowing the liver to regain its structure and function. Similarly, DEI seeks to address societal disparities and restore balance by providing equal opportunities and fostering an inclusive environment where individuals from diverse backgrounds can thrive. Both processes recognize the importance of embracing change and adaptation to promote healing and growth.

### Contrasts

Individual vs. Societal Level: Liver regeneration primarily operates at the individual level, focusing on the body's intrinsic capacity to heal and restore itself. In contrast, DEI operates on a broader societal level, recognizing that inequities and barriers to access exist and must be addressed to create a more just and inclusive society. DEI encompasses systemic changes, policy reforms, and cultural shifts that address social disparities and promote equal opportunities for all individuals [3].

### Conclusion

Liver regeneration and DEI exemplify two distinct yet interconnected processes, one operating at the level of biological healing and the other addressing societal healing. While liver regeneration emphasizes the body's ability to restore itself, DEI seeks to rectify societal imbalances and foster inclusivity. Recognizing the parallels and contrasts between these processes can deepen our understanding of the complexity of healing, equity, and resilience, ultimately inspiring us to foster both personal and societal transformation for a more equitable and inclusive future.

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