



Energy Alterations in Patients with Abdominal Pain

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Abstract

Introduction: Abdominal pain is an important symptom that brings the patient to the doctor and it deserves the care in evaluation. A skill physician can identify the cause of abdominal pain from the history in 80 to 90% of the cases and to achieve this purpose, it is very important to understand the physio pathogenesis of the formation of abdominal diseases that can produce pain. In traditional Chinese medicine, abdominal pain can come from energy deficiency and formation of internal Heat (the cause of this pain).

Purpose: The purpose of this study is to demonstrate another form of physiopathology to produce abdominal pain that we cannot search by any form of laboratory or radiological exams, because they are related only to energy alterations inside the human body, that it is not visible by the naked eyes.

Methods: Through two cases reports of women (65 and 39 years old) respectively with abdominal pain with no cause. They both did all the laboratory exams, abdominal ultrasound. The first patient was also submitted to a surgery because the physician thought it could be acute appendicitis but even with surgery, the patient still continues to have pain. The second patient also have abdominal pain and was using many kinds of pain killers and only worsening her case after the use of this kind of medications. They both went to my clinic to evaluate the possible cause of pain in the abdomen. I did the measurement of the energy of the internal five massive organs according to traditional Chinese medicine (Liver, Heart, Spleen, Lungs and kidney).

Results: All organs were in the lowest level of energy, rated one out of eight. It was instituted the avoidance of all highly concentrated medications and the treatment consisted in changing the dietary aspects according to Chinese dietary counseling (studying the energy of each food) and they both were treated using auricular acupuncture with apex ear bloodletting and systemic acupuncture. It was used homeopathy medications according to the theory *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* and crystal-based medications. They improved the abdominal pain symptoms only using this kind of therapy and no need to do any surgery.

Conclusion: This study is that there is another modality of abdominal pain caused by energy deficiency in the five internal massive organs (that is affecting 90% of the population that I am attending in my clinic in Brazil and could be happening in the whole world) and this kind of pain should be included nowadays as one possible cause of abdominal pain because they come from energy deficiency with formation of internal Heat, the cause of this problem and the treatment rebalancing the internal energy and replenishment the energy of these organs is of paramount importance to treat the cause of the pain and not using only pain killers.

Keywords: Abdominal Pain; Energy; Traditional Chinese Medicine; Five Elements; Homeopathy; Hippocrates

Introduction

Abdominal pain is an important symptom that usually brings the patient to the physician and depending on the type of pain; the doctor can do the diagnosis in 80 to 90% of the cases. To this goal, it is very important to understand the physiopathology of the pain formation, if it is sudden onset, if the pain has intermittent attacks, if it can shift from one side to another. If the pain comes from irritation of the parietal peritoneum, for example, from the perforated duodenum ulcer, the pain can begin in the epigastrium and shift or migrate to lower quadrants of the abdomen. The pain observed in small bowel obstruction is characterized by pain that increases in intensity in short waves to a maximum and ceases abruptly for a complete absence of pain period. The pain can reappear at intervals and it is pathognomonic of obstruction [1].

In this article, I will show some viewpoints that Western medicine is not addressing in patients with abdominal pain, before confirming by laboratory exams or radiological level, that are energy alterations between *Yin* and *Yang* energy, according to traditional Chinese medicine [2].

This article will be written according to Hippocrates (460 bce - 375 bce) thoughts, that said that "it is important to consider other ancient medical traditions prior to the knowledge we have nowadays." [3].

For this reason, this article will be written in the light of traditional Chinese medicine, that exist for more than 5000 years to show to you which are the energy alterations involved in patients with abdominal pain, that we need to know, before leads to alterations in the laboratory or radiological exams [4].

Purpose

The purpose of this study is to demonstrate that patients with abdominal pain has energy deficiencies in the five internal massive organs and formation of internal Fire, that is leading to the formation of pain in the abdomen and the treatment rebalancing the internal energy of *Yin*, *Yang*, *Qi* and Blood and taking out the Fire retention can reduce or cure the patient with abdominal pain that has no reason proofed by laboratory or radiological exams.

Methods

Through an extensive search for articles relative to abdominal pain indexed in PubMed in Western medicine and also in traditional Chinese medicine, and the description of two cases reports of patients with abdominal pain that all laboratory and radiological exams cannot say which was the cause of such pain and only worsening with the use of any kind of anti-inflammatory medications.

Case report one

The patient is a 39-years-old female patient with abdominal pain for the last two months. Her pain consisted in pain in the lower abdomen and can irradiate to the dorsum and were not improving with any kind of analgesic medications such as tramadol. She has three children of normal labor and she also said that had keratoconus formation in both eyes. Her physical examination was that she was presenting abdominal pain in the lower quadrant of the abdomen and was not worsening with Blumberg exam. She asked me to attend her in the hospital on March 2022 and I did the auricular acupuncture session with apex ear bloodletting and asked her to go to my clinic to perform the measurement of the internal massive organs' energy measurement using a crystal-pendulum (radiesthesia procedure).

Case report two

This is a 67-years-old female patient with complaining of pain in the abdomen for the last ten months with no improvement of her condition. She performed a surgery six months ago (November 2021) because the physician was thinking that the pain was caused by acute appendicitis but after the surgery, the patient still has the pain and did not improve using this procedure. She was my patient years ago but due to COVID-19 pandemic, she did not return to my clinic to do the treatment of her energy condition. She performed the measurement of the internal five massive organs energy (Liver, Heart, Spleen, Lungs and kidney) and at that time (in 2019), all her organs were in the lowest level of energy, rated one out of eight. She used only a few months the medications prescribed and did not continue the treatment.

Results case report one

The results of the measurement of the internal five massive organs energy were that all her internal organs were in the lowest

level of energy, rated one out of eight. The treatment consisted in Chinese dietary orientations telling her to avoid the ingestion of dairy products, raw food, Cold water and sweets. The second group of foods that were orientate to avoid was the ingestion of fried foods, chocolate, eggs, honey, coconut, melted cheese and alcoholic beverages. The third group of foods that I orientate to avoid was coffee, soda and matte tea. The other tools used in her treatment was auricular acupuncture with apex ear bloodletting and systemic acupuncture. It was also orientated her to avoid the use of any metallic adornments in her body such as earrings, necklace, rings, etc.

The third step in her treatment was to replenish the energy of the five internal massive organs using highly diluted medications such as homeopathy medications according to the theory created by myself (2020) entitled *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* and crystal-based medications. The homeopathy medications used were: Phosphorus, Sulphur, Calcarea carbonica, Silicea, Natrum muriaticum. I usually began with 30CH potency in the first month of treatment and use the medications in 200 CH in the second month of treatment. In the third month of treatment, I usually use in 1000 CH and in the fourth month of treatment, I use the medications in 10.000 CH. In the last potency of treatment, I usually use the medications in 50.000 CH and this potency needs to be used in each 6 to 8 weeks for the whole life of the patient.

The medications need to be diluted in 20 ml of water using 20 drops of each medication per month (every 4 weeks) and after reaching the potency of 50.000CH, the medications should be used every 6 or 8 weeks for the entire life of the patient.

She began to feel better after the first session of acupuncture and after each acupuncture sessions she said the pain was improving day by day. Nowadays, she is still in treatment doing acupuncture twice a week and all the Chinese dietary orientations.

Results of the case report two

The patient received the dietary orientations, the same as I said in the case report one and I performed auricular acupuncture with apex ear bloodletting and systemic acupuncture. Also, it was used the replenishment of the internal five massive organs using highly diluted medications, the same as showed in the case report one. It was orientated her to use Sulphur, Calcarea carbonica, Silicea, Natrum muriaticum, Phosphorus. The patient still in treatment doing two acupuncture sessions per week and her abdominal pain

improved very much with the treatment done using only this kind of therapy and did not need to use any kind of medication to treat this pain. The necessity of treating this condition of abdominal pain using specific type of medications, I will explain in the discussion section.

Discussion

To write this article, it was used the thought of Hippocrates (460 bce - 375 bce), father of medicine, that said that "it is important to consider other ancient medical traditions prior to the knowledge we have nowadays". The other quote said by Hippocrates, was that "it is more important to treat the patient and not the disease" [4].

To you to understand why I am using his kind of reasoning, instead of using the Western medicine's reasoning to explain how can we treat patients with abdominal pain that are not having any explanations for it, we need to know which kind of patients we are treating nowadays [2].

This situation is increasing day by day in my clinical medical practice and the reason for this increase number of patients with this kind of complain is that, the population that we are attending nowadays, are not the same as we treated 10, 20 or 50 years ago, as I am demonstrating in the article I wrote (2021) entitled "Is the Population in the World the Same as in The Past?" [5].

The reason for these alterations is in the energy level, as I am demonstrating in the article I wrote (2021) entitled *Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection*, where I am showing all the data of one research that I did in Brazil, from 2015 to 2020, measuring the energy of 1000 patients internal five internal massive organs (Liver, Heart, Spleen, Lungs and Kidney) and through the analyze of 409 files of patients of this group, I concluded that 90% of my patients in Brazil were in the lowest level of energy in any internal massive organs (Table 1) [6].

The meaning for this result was that, the majority of the patients that I am attending in Brazil are considered immune compromised and not immune competent, as I am showing in the article entitled *Are We Vaccinating Immunocompetent or Immunocompromised People for COVID-19?* [7].

In this article, I am demonstrating that the remaining 10% of the population that I am attending has energy in one or combina-

Ages Chakras	2-19	20-59	60-79
7	8	8	8
6	1	1	1
5	1	1	1
4	1	1	1
3	1	1	1
2	1	1	1
1	1	1	1
Total of Patients	26	170	86
Main Western diagnoses	Anxiety	Anxiety	Anxiety
	Depression	Headache	Knee pain
Main Oriental Diagnoses	<i>Yin/Yang</i>	<i>Yin</i>	<i>Yin</i>
	<i>Yin/Blood</i>	<i>Yin/Yang</i>	<i>Yin/Internal Heat</i>
			<i>Yin/Yang/Internal Heat</i>

Table 1: Research that I did in Brazil showing the results of the measurements of the energy of the five internal massive organs (1-Liver; 1-Kidney; 3- Heart; 4- Lungs; 5-Spleen;6- Memory and concentration).

Chakras Combinations	Number of patients	Percentage in group	Overall percentage
1/2/3/4	1	2,08%	0,24%
1/2/3/4/6/7	1	2,08%	0,24%
1/3/7	1	2,08%	0,24%
1/4/7	1	2,08%	0,24%
1/5/6/7	1	2,08%	0,24%
1/6/7	1	2,08%	0,24%
1/7	1	2,08%	0,24%
2/4/7	1	2,08%	0,24%
2/5/6/7	1	2,08%	0,24%
2/7	2	4,17%	0,49%
3/4/6/7	1	2,08%	0,24%
3/4/7	1	2,08%	0,24%
3/5/6/7	1	2,08%	0,24%
3/6/7	1	2,08%	0,24%
4/6/7	2	4,17%	0,49%
4/7	3	6,25%	0,73%
5	1	2,08%	0,24%
5/6/7	2	4,17%	0,49%
6	2	4,17%	0,49%
6/7	12	25,00%	2,93%
ST	1	2,08%	0,24%
ST/1/2/3/4/5/6/7	2	4,17%	0,49%
ST/ 1/2/3/4/7	1	2,08%	0,24%

ST/1/2/4/7	1	2,08%	0,24%
ST/1/3/4/5/6/7	1	2,08%	0,24%
ST/ 1/7	1	2,08%	0,24%
ST/ 2/3/4/5/6/7	1	2,08%	0,24%
ST/ 3/4/5/6/7	1	2,08%	0,24%
ST/4/5/6/7	1	2,08%	0,24%
ST/7	1	2,08%	0,24%
Total	48	100%	11,39%

Table 2: Results of the remaining 10% of the population that have energy some energy inside the five internal massive organs or a combination of them (1-Liver; 1-Kidney; 3- Heart; 4- Lungs; 5-Spleen;6- Memory and concentration; 7- Spirituality).

tion of energy inside the five internal massive organs, as I am showing in the Table 2 [7].

To understand the meaning of the function of the five internal massive organs in our body, we need to understand that the part of energy of the human body was excluded in the curriculum of medical faculties since the implantation of Flexner report in 1910, where they only consider scientific what the physician can see by the naked eyes and the part of the human body that it is composed by energy, invisible by the naked, it was excluded from the medical curriculum worldwide [8].

This is the main problem that we are facing nowadays, because all the alterations that the human body is suffering are in the energy level (that we cannot demonstrate in any laboratory or radiological level), as I am showing in the article entitled *What do we Need to Learn from the COVID-19 Pandemic?* [9].

So, in this article, I will show that the patients that are suffering from abdominal pain can have energy alterations in the five internal massive organs, as I am showing through these two cases reports, that both were having alterations in the energy of these organs, demonstrated by radiesthesia procedure, using a crystal-pendulum [4].

The measurement of the energy of these organs were done using the measurement of the energy of the chakras' energy centers of these patients because there are some studies in the literature showing the correlations between the chakras' energy centers and the five elements and the five internal massive organs in traditional Chinese medicine, as demonstrated in the article written by Chase

(2018) entitled *The geometry of emotions: using chakra acupuncture and 5-phase theory to describe personality archetypes for clinical use* [10].

The different viewpoints between Western and traditional Chinese medicine are always emphasized in all my articles, to demonstrate which level of diagnosis and treatment physicians are doing nowadays and which is the main point in all the treatments that we need to take into account to achieve good results in all treatments and in all specialties, as I am showing in the tree metaphor showed in the Figure 1 [11].

In this Figure 1, I am showing that Western medicine's diagnosis and treatment is focusing in the leaf level of the tree but traditional Chinese medicines understands that all clinical manifestations of all symptoms and disease are formed in the energy alterations located in the root of the tree and also, they suffer influences of the external pathogenic factors, that are Wind, Cold, Wind, Dryness and Humidity [4,12].

So, in the root of the tree, there are two theories in traditional Chinese medicine that are considered most important ones for understanding how is formed the disease nowadays [4,12].

As said by the renewed physicians Albert Einstein (1879 - 1955), "all the things are composed by energy" [4].

The first theory that it is considered the cornerstone of all traditional Chinese medicine reasoning is the *Yin* and *Yang* theory, as I am showing in the Figure 2 [12].

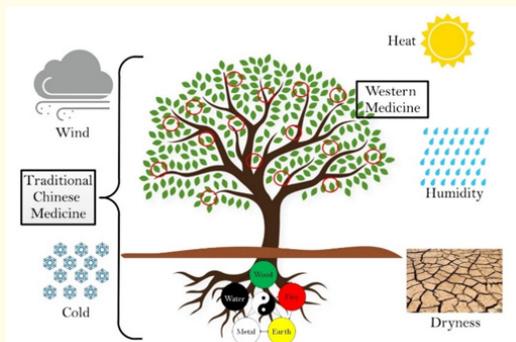


Figure 1: Metaphor of the tree showing the different viewpoints between Western and traditional Chinese medicine.



Figure 2: Yin and Yang symbol.

Yin and *Yang* are two energy forces that are opposites but complementary such as Hot and Cold, summer and winter, man and woman, day and night, sun and moon, etc [12].

For *Yin* and *Yang* flow inside the body, there is the necessity of having two other force that is Blood and *Qi*, and the interrelationship and balance between them are very important to achieve success in the treatment and cure of all symptoms at the same time, as I am showing in the Figure 3 [4].



Figure 3: Interrelationship between *Yin*, *Yang*, *Qi* and Blood.

These energies are produced by the internal five massive organs, as I am showing in the Figure 4. The *Yin* and *Yang* energy is produced by the Kidney or second chakra. The Blood is produced by the Spleen or fifth chakra. The Heart is responsible for the normal flowing of Blood inside the Blood vessels and the *Qi* is distributed by the Liver and Lung [2,13].

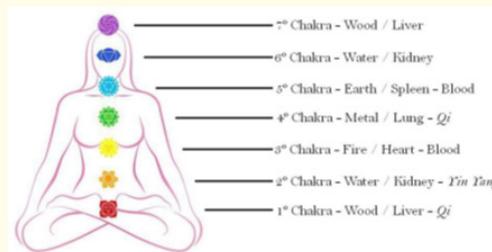


Figure 4: Correlation of the chakras' energy centers and the five internal massive organs and the production of internal energy by each organ.

The questions that I usually do in all my patients to evaluate how the energy situation of each patient is related to *Yin*, *Yang*, *Qi* and Blood is described in the Table 3 [4].

When there is energy deficiency in one or a combination of energy deficiencies between them, there is formation of internal Fire, as you can see in the Figure 5 [4].

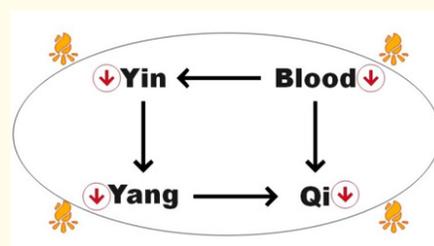


Figure 5: Formation of internal Fire when there is one energy deficiency or a combination of energy deficiencies between these energies.

In the Table 3, you can see that one of symptoms that can do the diagnosis of Heat retention inside the body is the abdominal pain, among other possible symptoms. As I said in the Table 1 on and 2,

Question	Does the patient have a daily bowel movement?	Does the patient have excessive sweating during day?	Does the patient feel cold in the extremities of the body? (Cold feet or hands)	Does the patient feel hot in the extremities?	Does the patient has dry mouth, bleeding gums, bad breath, acne and / or redness in the skin, abdominal pain, micro hematuria, or itching?
Meaning	The lack of daily bowel movements can mean Blood deficiency.*	This could be a symptom of Qi deficiency.	Commonly, this is a sign of Yang deficiency.	Commonly a sign of Yin deficiency.	Commonly this is a sign of Heat retention.

Table 3: Questions to evaluate the energy situation of Yin, Yang, Qi, Blood and Heat retention.

in the article that I wrote (2021) entitled *Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection and Are We Vaccinating Immunocompetent or Immunocompromised People for COVID-19?* I am describing that the majority of patients that I am attending in Brazil have energy deficiency in the Five internal massive organs and the production of energy by these organs could be very compromised, as I am showing that each inter-

nal massive organ is responsible for the production of one specific energy, as I am showing in the Figure 4 [6,7].

When patient is suffering from abdomen pain and has any kind of alteration in the laboratory or radiological level, this could mean that this specific patient could be having these energy deficiencies for a long time, before lead to alteration in the laboratory exams, as you can see in the Table 4 [14].

Progression from Health to Disease				
	Organ	Exams	Energy Reserve	Symptoms
Phase 1	Slowing down of organ functions	Normal	Energy Reserves-normal	Without clinical symptoms
Phase 2	Slowing down of organ functions	Normal	Consumption of internal Energy Reserves	With symptoms in other organ
Phase 3	Slowing down of organ functions	Normal	Consumption of external Energy Reserves	With symptoms in same organ
Phase 4	Reversible cellular lesion	Little alternation	Consumption of blood Reserves	Curable disease
Phase 5	Irreversible cellular lesion	Excessive alteration	Metabolic exhaustion	Incurable disease

Table 4: Progression from health to disease.

In this Table 4, I am saying that the patient can have symptom but the laboratorial or radiological exams can be normal. This situation is characterized by energy alterations in the first three phases and to evolve to alteration in the laboratory exams, there is a gap of about five years or more of energy deficiencies [15].

The formation of internal Fire is not causing only abdominal pain but can cause many other manifestations in the leaf level of the tree, as you can see the tree like figure, in the Figure 1 [4,12-14].

The formation of internal Fire can generate many infectious and non-infectious clinical manifestations such as community and hos-

pital infections, hypertension, diabetes, anxiety, panic syndrome, schizophrenia, cancer, etc. as I am demonstrating in many articles wrote by myself [4,12-14,16].

In traditional Chinese medicine, one symptom or disease can come from different energy imbalances and one energy imbalances generate many other symptoms in the leaf level of the tree [17].

The treatment instituted in the patients reported in this article was Chinese dietary counseling, in the first step in this treatment. According to Hippocrates (460 bce - 375 bce), "make your food your medicine and your medicine, your food" [3,4].

Chinese dietary nutrition is different from the Western nutrition because the first is studying the energy of each food to treat the energy disharmony of each patient related to *Yin* and *Yang* balance state. In Western nutrition, they study the components of each food related to the proportion of protein, carbs, lipids, vitamins, etc [4,12].

The intention when I use the correction of the energy disharmony using food is that there are three mechanisms of energy alteration in the root of the tree. The first of all, is the emotions and according to traditional Chinese medicine, the emotions are the cause of the formation of all disease and you can see the correlation of each massive organ with each emotion that can imbalance each organ. But there is also a situation when the imbalances of each internal massive organs can lead to manifestation of each emotion also, as you can see in the Figure 6 [18].

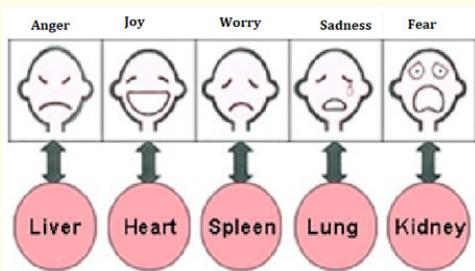


Figure 6: Emotions and the correlation to each five internal massive organs.

The foods in Chinese medicine is divided into Cold, Neutral, Warm and Hot foods and the use of Chinese dietary counseling, has the intention of balance the energy of *Yin* and *Yang* energy and also, the Five Elements of the five internal massive organs (Spleen- fifth chakra, Lungs- fourth chakra, Kidney- second chakra, Liver-first chakra, Heart- third chakra) [4].

The avoidance of dairy products, raw food, Cold water and sweets has the intention of improve the absorption of nutrients by the Spleen and pancreas, responsible for the formation of Blood. The alterations necessary to this end is to orientate the patient to drink luck-warm water, at temperature of 32 degrees Celsius and eat more steam or cooked foods [4].

The second group of foods that I usually orientate to avoid is the ingestion of matte tea, soft drinks and coffee because all these drinks can induce the reduction in the energy of the Kidney, responsible for the production of *Yin* and *Yang* energy, reported in the Figure 2 and 3 [4].

The last group of foods that I usually orientate to avoid was the ingestion of chocolate, honey, melted cheese, fried foods, eggs, honey, alcoholic beverages, because all these foods can increase the formation of internal Fire and can harm even more the energy imbalances that is generating the formation of more Heat retention and can worse the evolution of these patients that suffer from abdominal pain [19].

The second step in the treatment I usually use is to balance the *Yin*, *Yang*, *Qi* and Blood energy using auricular acupuncture with apex ear bloodletting, as you can see in the Figure 7 and 8 [20].



Figure 7: Apex ear bloodletting.

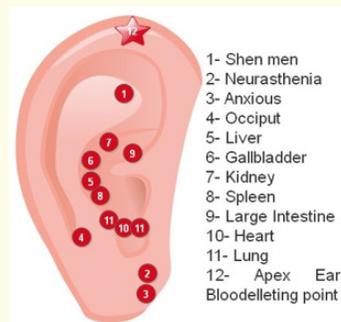


Figure 8: Auricular acupuncture points used to balance the *Yin*, *Yang*, *Qi* and Blood energy.

In this Figure 8, you can see that I am using auricular acupuncture points to treat the Kidney- number 7 (to improve the formation of *Yin* and *Yang* energy), Spleen- number 8 (to improve the absorption of nutrients and formation of Blood energy) and also, the Lungs and Liver point – number 11 and 5, respectively (to improve the distribution of *Qi*). The Heart point-number 10 is also very important to control the flowing of Blood inside the blood vessels [4].

The last step in the treatment of these patients were the use of highly diluted medications to replenish the energy of all these internal massive organs (Liver, Heart, Spleen, Lungs and Kidney). The reason to choose highly diluted medications to treat this energy deficiency condition was according to Arndt Schultz Law, created in 1888 by two German researchers, as you can see in the Figure 9. In this law, they are saying that highly concentrated medications can reduce the vital energy and can be lethal and the use of highly diluted medications can increase this vital energy and it is this effect that we need in the treatment of our patients nowadays [21,22].

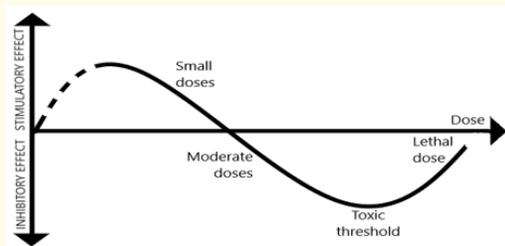


Figure 9: Arndt Schultz Law.

The reason why these two patients reported in this article was not improving their pain using highly concentrated anti-inflammatory medications were in the energy level, because using highly concentrated medication, their vital energy reduces even more and the production of internal Fire would increase and worse the symptom of abdominal pain instead of improving their pain [23].

The highly diluted medications used in the treatment of both patients were according to the theory wrote by myself (2020) entitled *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* and crystal-based medications, as you can see in the Table 5 [24].

Chakras	Five Elements	Homeopathy Medications	Crystal-Based Medications
1º Chakra	Wood/Liver	Phosphorus	Garnet
2º Chakra	Water/Kidney	Natrum Muriaticum	Orange calcite
3º Chakra	Fire/Heart	Sulphur	Rhodochrosite
4º Chakra	Metal/Lung	Silicea	Emerald
5º Chakra	Earth/Spleen	Calcarea Carbonica	Blue Quartz
6º Chakra	Water/kidney	Tone 2º chakra	Sodalite
7º Chakra	Wood/Liver	Tone 1º chakra	Tiger eye

Table 5: Homeopathy and Crystal-based medications used to replenish the energy of the Five internal massive organs according to the theory *Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine*.

In China, when the patient has some energy deficiency inside the organ, it is very common to use Chinese herbs but as I live in Brazil, these kind of medication is more difficult to find and also more expensive for the patients so, I decided to begin my homeopathy course in Brazil and during this course, I realize that homeopathy is a very good medication to be used in the treatment of this new energy pattern of our population that it is consider with low energy, as I am showing in the Table 1. For this reason, I began to write a new theory in homeopathy using Chinese medicine’s reasoning because TCM has the mechanism of the formation of disease in the energy point of view very well described and homeopathy mechanism is not yet understood until today. But there are some books explaining the mechanism of action of homeopathy such as the book written by Manning and Vanrenen (1993) entitled *Bioenergetic Medicines East and West: Acupuncture and Homeopathy*, they are correlation homeopathy with acupuncture as both acting with the same mechanism of action like bioenergy [25].

It was asked the patient reported in the case report two to take out all her metallic rings, necklace or other adornments, because all metallic materials can reduce the vital energy of the patient and can induce the formation of more internal Fire, as I am demonstrating in the article *How is the Mechanism of Immunodeficiency Caused by Metallic Implants and What Can they Cause when Inside the Patient’s Body?* [26].

To finalize this article, I would like to say that to understand what could be happening in patients with abdominal pain, we need to integrate Western with traditional Chinese medicine because the first is studying the alteration in the leaf level and the second in the root level and to understand the entire process involved in the formation of abdominal pain, it is important to have in mind, both mechanism of formation of disease since the energy level alteration, as you can see in the metaphor of *Yin* and *Yang* of Chinese medicine and Western medicine, in the Figure 10 [27].



Figure 10: Metaphor of *Yin* and *Yang* of traditional Chinese medicine and Western medicine.

Both tools used to write this article (homeopathy and acupuncture) are considered medical specialties by the Brazilian Federal Medical Council since 1980 and 1995 respectively [4,14].

Conclusion

The conclusion of this study is to demonstrate that patients with abdominal pain have energy alteration (deficiencies) in the five internal massive organs (Liver, Heart, Spleen, Lungs and Kidney) and the treatment rebalancing the *Yin*, *Yang*, *Qi* and Blood and replenishing the energy of the five internal massive organs using Chinese medicine's tolls (Chinese dietary counseling, auricular acupuncture with apex ear bloodletting and systemic acupuncture) and using highly diluted medications according to the theory *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* is of paramount importance to treat the cause of abdominal pain formation and not the symptoms itself using analgesic and anti-inflammatory medications.

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