



## Dentistry is Ho-Hum Until it Saves your Life

**Jan Wade Gilbert\***

Wilmington NC, USA

**\*Corresponding Author:** Jan Wade Gilbert, Wilmington NC, USA.

**Received:** November 19, 2019; **Published:** December 09, 2019

You're about to have a serious operation (hysterectomy, cardiovascular surgery, joint replacement, etc.) and the day before you go into the hospital, you get a toothache. The surgeon has cleared you for the operation but the toothache makes everything else stop and you must go to a dentist immediately.

You don't know any dentist (you haven't seen one in years) and the medical doctors never inquired about your dental health so you've got a bit of a dilemma. Someone recommends the new dentist in town and you go – and you're stunned.

He performs The WIAN New Oral Examination and the findings reveal that you're not a good candidate for the upcoming operation. You're a high risk.

Many people have unexpected, negative episodes on the operating table; heart attacks, strokes and system shutdowns. Some even die during their operation.

When asked why these things happen and why they cannot be foreseen, the surgeons reply that the operation stresses the body beyond its capabilities and there is no way to know those limitations beforehand.

Now there is a way to pre-operatively determine if the patient is a high or low risk and it's the dentist – and only the dentist – who can accurately make that evaluation. The WIAN New Oral Examination can determine your nutritional status.

Nutritional status is the summation of the body's ability to handle stress; and major operations are a source of major stress. Until now, there was no way to determine the patient's nutritional status and nobody ever addressed it; not medical doctors, not nutritionists and not dietitians.

Now, dentists can do it easily, accurately, reliably, scientifically, instantly and without the need for any lab tests – and at a very reasonable cost. The Surgeon General's Report of May 2000 (yes, that long ago) focused on this powerful but unused aspect of dentistry.

### What the dentist saw

Of a dentist's entire professional education, only about 20% focused on fixing teeth and that's the only part of the education any dentist ever uses. The unused 80% contains the secrets of the human body (why it gets sick and how it remains healthy). That 80% is what separates the doctor from the technician. The WIAN-trained dentist uses that 80%.

While the state of technology in dentistry is flat screens, pixels and digitalization, the state of the art hasn't changed since the early 1800's. The state of the art is upgraded by WIAN and the upgrade has nothing to do with teeth or technology. It's all based on the essence of science: keen observation with a trained eye and deft interpretation by the educated mind.

As part of the examination, the dentist measured the acid level of your resting saliva (takes 7 seconds to do) and found that you had acidic saliva, an indication that biological systems of your body are not functioning as they should.

He also noticed cavities in your teeth, a major sign that biological systems of your body are not functioning properly because in a healthy body, the hardest structure (tooth enamel) should not turn into a soft, smelly, decayed mass. If you had a hole in your leg, alarm bells would surely sound. Those same alarm bells should sound when holes appear in your teeth. This aware dentist is not deaf to those alarm bells.

The new oral examination includes 30 things the average dentist never considers (even though he should) and if you have too many of the 30, a response at the doctor level is indicated.

In fact, the new dentist in town clearly found evidence that you had a low nutritional status and that translates to not being able to fend off the negative effects of stress. You are a high risk for your upcoming operation and nobody knew it. (Lucky you had that toothache).

When the medical doctors were notified, do you think they went ahead with your operation as planned or do you think they postponed the operation until your nutritional status could be made stronger, thereby lowering your risk on the operating table?

Until the advent of this examination, people were subjected to high stress procedures at unknown risk and peril. Nowadays, using the new oral examination, you and your doctor are made aware of the risk factor, a piece of the equation that was never available until now.

By having the dentist provide this evaluation pre-operatively, if properly acted upon, you're more likely to survive the operation without unfortunate consequences.

**Volume 4 Issue 1 January 2020**

**© All rights are reserved by Mourad Kourani.**