



A Brief Insight into Orthodontic Treatment

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Just as much as information is available today, it can be often misleading and confusing as well.

Braces are expensive!

Your smile is the only curve that sets everything straight. From simple to complex cases which may have a time frame ranging from a few months to a couple of years, the benefits of investing on your smile is worth it. We offer flexible payment plans to ensure you have a hassle free journey towards achieving that beautiful smile.

Frequent follow-ups are not necessary

No. This is not a one day, one week or one month deal. The movement of your teeth need to be carefully monitored. Elastics and wires need to be changed during each phase of treatment. Moreover, the health of your teeth, gums and jaws have to be closely screened. Follow ups are a key to ensure your treatment is on track.

Braces are only for cosmetic purpose

No, Braces treatment is beyond just straight teeth. Crowded teeth can cause food debris to get accumulated between your teeth compromising your oral health. Crowded teeth can even affect the way you pronounce certain words. Correcting your bite can help alleviate pain from your Temporomandibular joint. Correcting misaligned jaw can help with sleep apnoea.

Braces are only for kids and teenagers

Thanks to the development in technology and also to famous celebrities like Faith Hill, Tom Cruise etc who have made braces more appealing. Today one in four patients is an adult. If the idea of metal braces seems insightful to you, we have a wide range of options available for invisible orthodontics. You are never too old when it comes to improving your smile.

Will I need to have teeth pulled out?

Not all patients require tooth to be pulled out. Minor corrections can be dealt with ease without any extractions. Only in case of severe crowding, protruding teeth or deep bite, extraction is advised. When it comes to removing certain teeth, many patients or their parents may raise their eyebrows. It is very common to witness this. However your orthodontist will advice extractions

ONLY if there is no other option to create space in order to align your teeth on the arch line.

When and Why should your child get an orthodontic check up?

According to the American Association of Orthodontics, the recommended age for a child to undergo orthodontic evaluation is at the age of 7. Though most kids start braces treatment during their early teens, certain conditions require an early intervention.

Why age 7?

- Identify protruded teeth which may cause trauma
- Correct habits that impair your child's jaw development
- Improve facial appearance and bite
- Shorten duration of treatment required
- Assist erupting teeth into better position
- Improve speech and breathing
- Eliminate surgical intervention.

Of course you can have braces at any age but treatment at this age can utilise your child's growth potential so that all of the permanent teeth have room to come in naturally.

Though many teenagers come to us, there is an increasing trend for adults to have braces as well. Who wouldn't want an attractive smile!!

Gift your child something that lasts a lifetime - a beautiful smile.

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