



How Can We Prevent the Formation of Metastasis in Patients with Cancer?

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To write this article, I will use principles said by Hippocrates (c. 460 bce, c. 375 bce), that spoke that “we must use ancient medical traditions prior to the knowledge we have nowadays” [1].

So, in this article, I will use thoughts from Western medicine with what exists in traditional Chinese medicine (TCM) and Ayurvedic medicine reasoning to explain how can we prevent the formation of metastasis in patients with cancer [2].

According to the article written by me (2021) entitled *How Can We Give Hope for Cancer Patients to Cure This Disease?* cancer is only the clinical manifestation of extreme lack of energy and formation of internal Heat that the individual is having and it is considered the leaf level of the tree, in the metaphor that I usually use in all my articles to explain, which level of treatment Western medicine is using and comparing with the level of treatment used in traditional Chinese medicine [3].

In TCM, cancer development is formed from energy deficiency and formation of internal Heat and we can say that all patients with cancer, have in the back ground, this energy deficiency (in the five internal massive organs) and formation of this Heat (that usually comes from this energy deficiency) or can come from errors in the eating habit or either from emotional factors, such as excessive anger, generating excessive formation of internal Fire from the Liver and causing formation of internal Wind, that can cause of dissemination of cancer in patients with this kind of diagnosis. These thoughts were presented in the 2nd International Conference on Cancer Science, Oncology and Radiology (Cancer Virtual 2021), that was held on January 29-30,2021 [4].

All these explanations are in the energy level, and all treatments in traditional Chinese medicine aims to balance the *Yin* and *Yang* energy and in the case of cancer patients, this balance between these two energies are the cornerstone of all treatments. Using this kind of reasoning to treat cancer patients, we can reduce the tumor size or even cure this cancer, as I showed in many other publications such as in the article wrote by me (2020) entitled *The Importance of Treating Energy Imbalances and Chakras Replenishment for Prevention and Treatment Chakras Replenishment for Prevention and Treatment of Cancer* [5].

The first step in all treatments is to change the dietary aspects because according to Hippocrates (c. 460 bce, c. 375 bce), “we need to use our food as our medicine and our medicine as our food”. The dietary orientations should be according to energy alterations presented by each patient (if they have *Yin*, *Yang*, *Qi* or Blood or Heat retention) and all these questions to evaluate the energy status situation of the patient can be seen in the article written by me (2019) entitled *Why Are Diabetic Patients Still Having Hyperglycemia despite Diet Regulation, Antiglycemic Medication and Insulin?* The dietary orientations have the intention to balance the energy of all five internal massive organs (Liver, Heart, Spleen, Lung, Kidney) using foods to regulate the *Yin* and *Yang* of each organ, to keep them working and producing their own energy, responsible for the strength of the body. In this case, *Yin* and *Yang* is produced by the Kidney (second chakra), Blood is produced by the Spleen (fifth chakra) and the normal flowing of Blood inside the blood vessels is produced by the Heart (third chakra). When there

is *Yin*, *Yang* and Blood in adequate amount, the formation of *Qi* will be normal also (and the distribution of *Qi* is the responsibility of Lung and Liver) [2].

All these principles were presented by me in the Acupuncture Research Conference that was held in Harvard Medical School, in Boston, United States, in 2015. In this presentation, I emphasize that if we balance these four energies, we can treat all the patients' conditions at the same time (emotional or physical symptoms) because in traditional Chinese medicine, many diseases can come from the same energy imbalances (as I showed in many article the history of the patient that come to treat pain in the legs but after the treatment, reported to improve the intra-ocular pressure in the first time of his life after 40 years of treatment only using eye drops) [6].

The second step used by me to reduce the chance of metastasis in cancer patients is to regulate the internal organs energy using auricular acupuncture associating with apex ear bloodletting. Auricular acupuncture or auricular medicine is a tool in traditional Chinese medicine to treat all kinds of diseases using the ear. The ear is considered an inverted fetus and all kinds of organs can be represented in the ear. In the case of cancer patients, I usually use this kind of therapy to regulate the production of internal energy of *Yin* and *Yang* (inserting the auricular point using mustard seeds in the Kidney point in the ear) and the production of Blood (inserting the mustard seeds in the Spleen point) and the *Qi* (I usually use the Lung and Liver point). In all cases, without exception, it is very important to bleed the apex of the ear using a small needle to take out about five drops of blood in each session to take out the internal Heat (that is one of energy imbalances that is causing the malignant cancer formation, in the energy point of view). In this case, reducing the internal Fire, it is possible to reduce the formation of internal Wind, important to form the metastasis in patients with cancer [7].

The fourth measure used by me to reduce the formation of metastasis is to replenish the internal organs energy, because in my daily practice and in a research that I did in my clinic in Brazil, I showed through a study measuring a 1000 patients energy of the internal five massive organs (using radiesthesia procedure), I demonstrated studying 409 files of this group of patients that 90% of all the patients studied have no energy in any internal massive organ (Liver, Heart, Spleen, Lungs and Kidney). This result demonstrates that the majority of patients that I am attending

in Brazil is considered immunocompromised and not immune competent, as I showed in the article written by me (2021) entitled *Are We Vaccinating Immunocompetent or Immunocompromised People for COVID 19?* [8].

This result of extreme lack of energy inside the five internal massive organs is responsible for the production of diseases in the leaf level of the tree and all kinds of diseases nowadays (such as emotional or physical aspects) can be explained only looking at the energy alterations in the root of the tree, generating diseases in the leaf level [9].

The use of medications to treat this condition, should be highly diluted ones and not highly concentrated medications because this last group of medications can reduce even more the vital energy that is already low, harming the energy necessary to produce the force to overcome the disease, and causing more propensity to evolve to metastasis. For this reason, the medication of choice in this treatment is the use of highly diluted medications (such as homeopathies according to principles created by Hahnemann and can be done using another theory created by me (2020) entitled *Constitutional Homeopathy Of The Five Elements Based On Traditional Chinese Medicine And Crystal-Based Medications* [10].

This kind of approach said in this article is to demonstrate the importance to treat the whole and not just the symptoms (the cancer itself) because cancer is only the clinical manifestation that something wrong is happening inside the patients body, as I showed in the research in Brazil, caused by the constant exposition to the electromagnetic waves, that is considered a pollution between the earth and the sky, reducing our energy without we knowing it, until develop this disease after 10 or 20 years of constant exposition [5,11].

For this reason, to prevent the formation of any cancer or prevent the formation of metastasis in our body, we need to treat the patient wholistically and not just treating the symptom that is the cancer itself [5].

Everything in this world is made by energy, and our human body is made by energy. If we keep our body healthy, with energy in adequate amount to fight against the formation of any kind of disease, this will be the same principle used to do not allow the formation of metastasis in cancer patients. And using this kind of

therapy, you can reduce the metastasis and also, can reduce the tumor size or even cure it, as I showed in the article *The Importance of Treating Energy Imbalances and Chakras Replenishment for Prevention and Treatment Chakras Replenishment for Prevention and Treatment of Cancer*, and in the article *Energy Alterations in Patient with Malignant Thyroid Tumor and How Can We Treat It without Doing Surgery, Chemotherapy or Radiotherapy* in process of publication [5].

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