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**Review Article** 

# Holistic Homeopathic Approach to Cure Patients with Cancer; Case Series

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#### **Abstract**

Disregarding the various factors leading to cancer, the statistics has increased awfully during the last decade globally. Case No. 1: Mrs. Z.A. aged 21 was seen in the Autumn of 2010. Four months after getting married, she developed a huge mass on the left side of her neck. Pathologic examination of her biopsied mass turned out to be Hodgkin lymphoma. The well-known homeopathic remedy called Phosphorus was selected for her. Mrs. Z.A. was followed 4 times during one year after being 1st seen. No recurrence was reported, neither observed in the patient, meaning a complete cure occurred by homeopathic method of healing. Case No. 2: Mrs. T.M., A lady aged 44 was seen by the author in 2009. Fourth stage invasive ductal carcinoma was diagnosed based on the pathological biopsies. An integrative approach was planned and considered by the author. Mrs. T.M. was not used to including vegetables and fruits in her family's daily food plate. Therefore, the author suggested the patient to consider healthy veggies and fruits. She started feeling better. She could not even walk and would lie on the back all the time so a physiotherapist was asked to see the patient. He guided her how to do simple physical exercises to strengthen her musculature. Then she felt better and was referred to an oncologist to go under chemotherapy. She was seen by a radiotherapist for radiotherapy. This took 4 years. The next 4 years Mrs. T.M. selected homeopathy to be done by the author. Homeopathy improved her nightly pains, increased her hope and energy by prescribing safe homeopathic remedies like Carcinosinum. Thus, she lived for 96 months. Case 3: A lady aged 72 suffering from Multiple Myeloma, underwent paramount homeopathic healing process for her renal failure, by decreasing her serum creatinine from 13.7 to 2 mg/dl. Thus, considering the remarkable homeopathic healing in the 3 patients, double-blind and meta-analysis clinical trials are suggested to evaluate this healing method to consider it for millions of cancerous conditions.

Keywords: Carcinosinum; Cancer; Radiotherapy

#### Introduction

### **Cancerous conditions**

There are numerous theories on why body cells grow crazily to cause malignant tumours that spread from an organ to other organs in one's body. Chemical materials are surrounding us awfully in the air, soil and water. Thus, detoxification is of great importance in healing patients suffering from cancer. Why some people die of cancers and the others do not? Genetic and hereditary vulnerabil-

ity certainly play remarkable role, called miasmatic background in homeopathy. Diet habits determine certain role, too. Being deprived from enough night rest, obesity and lack of daily physical exercise, cosmic and diagnostic or therapeutic irradiation and aging, are among the most important factors leading to cancerous conditions. Disregarding the various factors leading to cancer, the statistics has increased awfully during the last decade. According to the American Cancer Society's journal, "an estimated 606,520

Americans will die from cancer in 2020, corresponding to more than 1,600 deaths per day" [1-9].

#### **Case Series**

#### Case 1

Mrs. Z.A. aged 21 was seen in the Autumn of 2010. She used to internalize her marital problems and to suppress her negative emotions towards her husband whom she suspected to be addicted to misuse uncertain drugs. Four months after getting married, she developed a huge mass on the left side of her neck.

Pathologic examination of her biopsied mass turned out to be Hodgkin lymphoma. Regarding her personality based on the rubrics or signs and symptoms found by the author during her careful case taking, the well-known homeopathic remedy called Phosphorus was selected for her. Phosphorus personality is a lovely person who is benevolent, nature and art lover, very communicating, forgiving, who may suffer from acute and chronic rubrics like, anemia, diabetes, cancer. One globule of Phosphorus 30c was prescribed for her. The author repeated it by another dose of liquid remedy after shaking it vigorously to increase its energy and its healing power.

Mrs. Z.A. was followed 4 times during one year after being 1<sup>st</sup> seen. No recurrence was reported, neither observed in the patient, meaning a complete cure occurred by homeopathic method of healing.

## Case 2

Mrs. T.M., A lady aged 44 was seen by the author in 2009. She had been firstly seen by a general physician due to low back pain. The physician had not taken her pain seriously and had prescribed regular pain killers. She did not experience any improvement and night pains led her to be examined by a Neurosurgeon who suspected malignancy for her. A thorough body scanning was done, thereafter. Several increased radio-active uptakes were detected and shown in the imaging, including her right breast, several ribs and liver. Fourth stage invasive ductal carcinoma, the most invasive and risky breast cancer, was diagnosed based on the pathological biopsies.

Regarding the patient's case taking, an integrative approach was planned and considered by the author. The author studied through the internet about those who had survived breast cancers in the USA. Organic vegetables were found to be the most prominent food item to fight against inflammations and malignancies. Fruits were

in the  $2^{nd}$  place for similar cases. Unfortunately, Mrs. T.M. was not used to including vegetables and fruits in her family's daily foods. Therefore, the author suggested the patient to include healthy veggies and fruits in her diet. She started feeling better and the body pains bothered less.

She could not even walk and would lie on the back all the time. A physiotherapist was asked and consulted to see and examine the patient at her mother's home. He saw the patient and guided her how to do simple physical exercise to strengthen her musculature. She felt better after doing the exercises, so that she could sit and walk slowly and carefully.

The best oncologist in Tehran was introduced to Mrs. T.M. The oncologist started chemotherapy for her, afterwards. Then he referred her to one of his colleagues, Dr. A. These steps took 4 years. She had better condition by the author's support. Her husband was suggested by some surgeons to do surgical operation to excise the tumor. However, the author disagreed to this risky procedure, regarding the metastatic stage of the patient. On the other hand, Dr. Pareek from India, the prominent and famous homeopathic physician, the head of the unique research, teaching and healing center in Agra, announced in Paris, 2014, that cancerous patients' conditions worsen post-surgical procedures.

Thus, the patient suggested taking advantage of homeopathic treatment after 4 years of undergoing the effective aforementioned acts. The author took her case again to determine the most proper remedies for her overall condition to increase her daily energy, to ease her activities and to palliate her nightly pains that had worsened after radiotherapy.

Carcinosinum was prescribed for the patient regarding the patient's homeopathic personality. Some other remedies proper for her were also selected for her. She felt more energetic and her nightly pains reduced prominently. Thus, she could live another 4 years to help her son and daughter to continue their living better. Her husband was consulted and proper homeopathic remedy was prescribed for him. Carcinosinum was prescribed for her children as a preventive measure, considering their mom's miasmatic cancerous condition. The patient's mother was diabetic type 2 patient, her father had been suffering schizoaffective disorder.

While the author's colleagues predicted at most a 6 months survival for Mrs. T.M., an integrative approach planned for the her, led to an 8 year survival.

#### Case 3

Mrs. S.D. aged 72 from the northern Iran's Gilan province who was suffering from Multiple Myeloma, chronic renal failure, and hip's pain due to pelvic bone fracture, was referred to the author in May, the  $9^{th}$  2020.

Her case was taken from her senior son at the clinic: "She is a sensitive person who internalizes her pain, being a reserved, sympathetic, kind but dictatorial mother, ordering others and getting angry easily who always tries to reach her wishes. She has a large abdomen, with height of 165 cm. She is affectionate and sleeps mainly on her right side. She fears from moving her right leg after the fracture. She is dialyzed 3 times a week".

Regarding her personality, 12 drops of Lycopodium 12c was given to her. One drop daily afterwards was instructed for her. In the 1st follow up, on June the 1st, her serum creatinine was reduced to 2 mg/dl, while it used to be about 13.7. This remarkable reduction surprized her oncologist. Her appetite and urination improved prominently. "She urinates twice a day, while she had urination once a week, before receiving the homeopathic remedy", said her senior son.

#### Conclusion

Regarding the awfully high statistics reported by the American Cancer Society on its formal E-journal, it estimated that 606,520 Americans would die from cancer in 2020, corresponding to more than 1,600 deaths per day. Homeopathic approach to cure patients with cancerous affections and conditions, has been applied by the author in the 3 cases, during more than a decade, with astonishing results. This method of healing was founded about 225 years ago by Dr. Samuel Hahnemann, in Germany to cure and palliate patients with acute, epidemic, pandemic and chronic conditions, including cancers.

According to a homeopathic film made in 2017, titled "Just One Drop" more than 200 million people are using homeopathic remedies world over. Thus, the author suggests to do double-blind clinical trials and meta-analysis researches to evaluate homeopathic remedies in cancerous patients, in order to consider such helpful method of healing and palliating in millions of people suffering from crippling and killing malignant tumors, globally.

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