



Potassium as an Essential Nutrient for Citrus Plant: A Review

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Abstract

Different types of nutrients are necessary for the growth of plants. These nutrients are the source of food for plants and play an essential role in their development. Furthermore, macronutrients and micronutrients are the two groups in which these nutrients are classified. Macro means “large”, so macronutrients deal with those nutrients that are needed in large amounts. Similarly, Micro means “small”, so micronutrients deal with those nutrients that are required in small quantities. Potassium is fall in the category of macronutrients. It is highly mobile in plants from the individual cell to xylem and phloem tissues. It plays an essential role in fruit crops. Potassium is the most significant nutrient which regulates the value of fruits through its influence on the size of fruit, appearance of the fruit, fruit color, and vitamin contents. Other hands, *Citrus* fruits are those fruits that comprise enough amount of citric acid. The main *Citrus* fruits are oranges, lemons, beets, tomatoes, and they all are categorized as acid fruits. The applications of potassium fertilizers are vital for the better production of *Citrus* plants. This review article focuses on potassium (K), its role, its applications for *Citrus* plant.

Keywords: Potassium; Macronutrients; *Citrus*; Fruit Crops; Applications

Introduction

The growth and development of plants are dependent on the source of the nutrients. Plants need a different type of nutrients. These nutrients are categorized into two groups, i.e. macronutrients and micronutrients, according to their requirements. These nutrients include nitrogen (N), phosphorous (P), potassium (K), calcium (Ca), zinc (Zn), iron (Fe), boron (B), sulphur (S), magnesium (Mg) etc. In the body of a plant, many biochemical processes influence by nutrients and provide resistance. According to the de-

creasing trend in crop yields and fast increasing in the world population, food safety is the main challenge [5,17,18] of Well-adjusted nutrients application is very important to increase crop yield and attain the necessary rise in food production. Additionally, nutrients play a significant role in soil fertility and make it more productive for plant growth [21].

Potassium is often considered as the quality element for the production of a crop. Moreover, plant growth and supporting high

yield in agriculture K are essential nutrients [23]. For ATP production, plants need K produced in transpiration and photosynthesis processes. Potassium's vital importance and role are performed in the form of its ability to stimulate the synthesis of photosynthates and improvement in the alteration in oil, starch, protein, vitamins, etc. [11]. In chloroplasts, it keeps the stability of electric charges, which is essential for ATP formation. Applications of K in large amount will stabilize the pH by counterbalance the insoluble and soluble macromolecular anions [8].

Another hand, *Citrus* is one of the most significant tree crops [6,16] and a wide range of potassium content in the leaves is required for the average vegetative growth of *Citrus* [20]. The amount of K below 0.4% affects tree development; otherwise, over an extensive range of variation does not generally affect tree growth [15]. In the subtropical area, the bulk of the total global production of the best quality fruit is produced. According to research, about 102 million metric tons of *Citrus* have been made per year globally, far superior to other subtropical and tropical fruits. For example, joining the production of orange in the United States and Brazil accounts for 45% of the entire world [2]. Also, *Citrus* is a vital fruit crop in many countries. *Citrus sinensis* L. Osbeck is one of the most standard *Citrus* fruit for its delightful taste and rich in minerals and vitamin C.

Classification of *Citrus*

Genus *Citrus* belongs to the large family Rutaceae, which contains 130 genera in the 7 subfamilies with several significant fruit and vital oil producers [7]. Classification of *Citrus* as shown in table 1 (<http://en.wikipedia.org/wiki/lemon>).

Kingdom	Plantae
Division	Magnoliophyta
Class	Magnoliopsida
Subclass	Rosidae
Order	Sapindales
Family	Rutaceae
Genus	<i>Citrus</i>

Table 1: Classification of citrus plants.

History of potash

Throughout Colonial eras, for manufacturing soap, people burned timber and other organic matter in pots. After that, burned

ashes were soaked and then they allowed water to disappear. In the end, a residue of K salts has been left behind. People named those remains “potashes”, which transfer into the word potash. Furthermore, the letter K is used to denote K that originates from the German word Kalium. Animal fats are also used to produce soap with these salts. A botanist in Connecticut, Samuel William Jackson, analyzed the ash by burning plants in 1868. He found large quantities of K in burning residues of plants with many other mineral deposits. After his work, potash fertilisers have been promoted as a main source for increasing crop [9].

Presences of potassium in soil

In the soil, there are four different potassium sources present. Soil minerals such as feldspar and mica are the most significant soil component of K. For the use of the plant, a very slight amount of this K source is available. The non-exchangeable K is the second source that is present in the soil. Furthermore, K is associated with the 2:1 clay minerals. On the earth, the non-exchangeable source of K acts as a source of the reserve source. The third source of soil K is called the readily available K. It is set up on the cation exchange sites.

Role of potassium in *Citrus* plants

Citrus trees' seasonal absorption of K is deficient during the colder months and quickly increases until new growth and bloom begin in the spring [29]. Furthermore, nitrogen and K in the fruits account for most of the nutrients removed from the soil by the tree each year. It plays a significant role in root growth enhancement, drought tolerance, decreasing water loss and wilting, improving pest and disease resistance, and reducing stalk lodging [30]. Also, in *Citrus* trees, it plays a critical role. In trees, the K requirement is ranged from 0.5 to 2% of dry matter, which is next to that for N. When the K level is in the ideal range, then the satisfactory yield of the fresh fruit can be attained.

Moreover, an element has leading effects on the qualities of fruit both externally and internally, including production, size, color, roughness and acidity (yerner@volcani.agri.gov.il). Besides, other nutrients, such as calcium, are abundant in plants' skeletal matrix, which is made up of woody tissue and old leaves. Many phenomena, including both visible and invisible, may be affected by K in *Citrus* plants. All the issues such as increasing or decreasing pH and other processes significantly influence soil nutrients, especially K and ultimately affect the growth, yield and quality of *Citrus* fruits plants [27,28,33-36].

Effects of potassium on fruit quality

K is vital for maintaining cell turgor and extensibility, which influences fruit size. K is present in high amounts in growing sections such as leaves, flowers, and fruits because it is highly mobile in plants. Except, when leaf K concentrations drop below 3 - 4 mg/kg, *Citrus* trees do not exhibit noticeable deficiency symptoms across a broad spectrum of K status in the leaves. Fruit consistency, on the other hand, is highly susceptible to fluctuations in K supply. Fruit production, as well as fruit quality, is all affected by the K diet. External fruit properties are affected by K, including fruit weight, green fruit, and size and peel thickness. Besides, fruit deterioration leads to economic losses as well. According to various epidemiologists, it has been demonstrated that consumption of *Citrus* fruit is defensive in a variety of cancers in human and several more diseases. Likewise, *Citrus maxima* is the primary *Citrus* fruit with beneficial properties related to medicine [31]. There are many important sources of such vital nutrients (K, Ca) in *Citrus* fruits, containing grapefruits, oranges, and lemons recommended for the anticipation of degenerative disease.

On the other hand, *Citrus* fruits contain a wide range of phytochemicals, folic acid, vitamins C, carotenoids, dietary fibers, and selenium [19]. Increases plant protein content, increases starch content, increases vitamin C and solid soluble content, enhances fruit color and taste are some of the fundamental effects of K on quality improvement. Fruit size is increased, peel thickness is increased, physiological disorders are reduced, insect and disease occurrence is decreased, storage and shipping consistency is improved, and shelf life is extended [30].

Citrus and citric acid

Citric acid is found in *Citrus* fruits and not an organic solid tri-carboxylic acid. Its chemical formula is (C₆H₈O₇). Lemons, oranges, tomatoes, and beets are the main *Citrus* fruits classified as acid fruits. Because these fruits contain a sufficient amount of citric acid. Citric acid is a natural integral and metabolite of animals and plants.

Furthermore, it is a valid and extensively used organic acid in pharmaceuticals and food businesses. In taste, Citric acid is acidic and an excellent preserving agent too. Citric acid is soluble and can be manufactured easily. The fruit stability can be increased by Citric acid, and it is used in flavoring agent [3,32]. The economic potential of Citric acid is high due to its many applications. Accord-

ing to many researchers, the production of citric acid is very useful due to its many applications, especially in medications, foods, and manufacturing. It is a weak organic acid that ensues naturally in several fruits and vegetables, particularly in *Citrus* fruits [12].

Potassium as a fertilizer

According to Boman and Obreza [1] K is one of the primary nutrients for *Citrus* plants. Major potassium sources include KCl which is called potassium chloride, KNO₃ as potassium nitrate, and K₂SO₄ as potassium sulfate, respectively. Potassium may produce solid precipitants when it mixed with other fertilizers. Other hands, the K₂SO₄ solubility is minimal. That's why chemigation seldom has been used. Another common source of K is Potassium thiosulfate, which can be mixed with ammonium polyphosphate solutions and urea in the deficiency of acidic fertilizers. The primary K sources are presented below in table 2, along with their merits and demerits.

Source	Merit	Demerit
Potassium chloride	KCl is one of the least expensive. Most popular Highly water-soluble fertilizer	Not applicable if the irrigation water contains high levels of salinity.
Potassium nitrate	KNO ₃ is an expensive fertilizer component compared with other K sources. For areas of high saline irrigation water, it is an excellent choice of potassium fertilizers	It is less soluble than KCl.
Potassium sulfate	K ₂ SO ₄ is one of the best replacements for KCl in high salinity areas	It is less soluble than both KCl and KNO ₃ .

Table 2: Fertilizer sources of K among advantages and disadvantages.

Conclusion

Potassium is very significant in various ways for the production of the plant. In the growth and productivity of tree, it plays a critical role. We can increase the quality of fruit and the exhibition by the

proper applications of potassium fertilizers. It also deals with the medicinal benefits and provides resistance against many diseases. It plays an essential role in fruit crops. It is the most crucial nutrient which regulating the quality of fruits.

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