



Lack of Awareness about the Cranial Remodeling Orthosis in Babies Less than 2 Years of Age

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Received: November 21, 2023

Published: December 15, 2023

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The literature search for Cranial Orthosis in India ends in Cranial orthoses for traumatic brain injuries for adults, post traumatic conditions or for children with special needs. There is lack of awareness as well as research regarding the concept of usage of Cranial remodeling Orthosis for babies less than 2 years of age.

The different head shapes that can be corrected using remodeling orthoses are Plagiocephaly, Brachycephaly and Scaphocephaly. Besides deformational head shapes, surgical interventions for craniosynostosis can also be very well managed.

I would like to take this opportunity through the wide extent of this journal to address this issue as an orthotic intervention opinion, rather than just waive off the issue. I regret that it's a general perception that deformational head shapes are self-resolving. This perception leads the parents to wait till 2 years to resolve the head shape by itself, but after the timeframe, even the Cranial Orthotists are helpless to make any changes.

The need of the hour is to create awareness by reaching out to more and more medical and allied health professionals to screen the baby at an early age, within 6 months to address the issue. If it's mild, then it can be left untreated and the head shape can be managed by repositioning. If it's mild to moderate on the scale of asymmetry, then it can be reviewed at regular intervals; while severe cases should be treated as early as possible, within the lean timeframe of 4-6 months. This helps the team to achieve the maximum symmetry and proportion of the head during the peak of the growth curve.